

AromaTouch Treatment

The AromaTouch technique is a deeply relaxing and nurturing treatment focussing on the back, neck, shoulders, scalp, spine and feet.

Using slow, rhythmical massage movements, combined with doTERRA's pure essential oils. This treatment stimulates blood flow and lymph whilst calming the nervous system.

Working through known body meridians to enhance the effectiveness of the essential oils. The AromaTouch technique helps to restore balance and homeostasis within the body.

Allow: 45 min.

R400

*Dedicated to your
Health and Wellbeing*

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